



Ladies
DRESS CODE

ideas + inspiration

Look good. Feel good. Represent Him.



OUR WHY?

At KAA, we aim to exemplify honoring the Lord with our mind, heart, and body. Modesty is more than what you wear, it's a heart posture. While at KAA, we desire our inward image of God to be displayed more than our physical appearance.

Also-yes-also, this is a SPORTS CAMP! We are running, jumping, and of course, getting HYPE at all times! Having the right attire will ensure you can confidently interact with our campers and give them the best experience possible!

"Your beauty should not come from outward adornment, such as elaborate hairstyles and the wearing of gold jewelry or fine clothes. Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight." - 1 Peter 3:3-4

"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies." - 1 Corinthians 6:19-20

Overview

SHORTS/BOTTOMS

5" INSEAM SHORTS (MINIMUM) AND MID-THIGH COVERAGE

- Compressions showing underneath are allowed w/ appropriate length shorts overlaid
- Depending on body type, the length of shorts may vary to achieve mid-thigh coverage
- Sweatpants/joggers should be loose-fitting
- **NO** Skorts/Skirts/dresses allowed
- **NO** biker shorts or leggings allowed without appropriate length shorts overlaid

TOPS

FULL COVERAGE T-SHIRTS OR TANK TOPS

- Tops must conceal undergarments at all times (including under arms and back area with tanks)
- Loose Fitting Tanks **Only**
- **NO** spaghetti straps
- **NO** midriffs showing (Even with arms raised/jumping/bending)
- **NO** oversized shirts covering shorts

UNDERGARMENTS

- Undergarments are to be worn at all times when outside the cabin
- Clothing must conceal undergarments at all times (including under arms and back area with tanks)
- **NO** BRA STRAP/SPORTS BRA SHOWING!

SWIMWEAR

MODEST ONE-PIECE SWIMSUIT

- **NO** high thigh, low backs, low cuts in front, cutouts, mesh, or zippers

SHOES

ATHLETIC SHOES MUST BE WORN DURING THE DAY

- Socks are worn inside the Gyms at all times
- Sandals with a heel strap may be worn in the evening, starting at dinner (bring socks to be worn in gym, if applicable)

***INAPPROPRIATE SLOGANS, DESIGNS OR LOGOS (BEER SLOGANS, SEXUAL INNUENDOS, MARIJUANA, SECULAR ARTISTS , ETC.) ARE NOT ALLOWED.**

JEWELRY

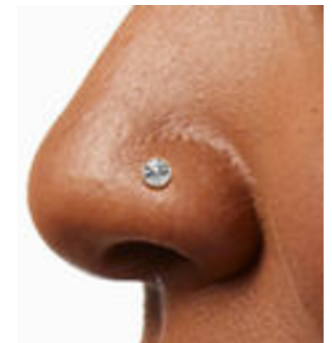
- Two stud earrings only
- Only 1 small nose piercing (stud or hoop) is allowed.
- All other piercings must be plugged
- Necklace with small pendant

MAKE UP

Only on occasions (parties) per director's approval

TATTOOS

Visibility permitted per directors approval



Bottoms

DO 

DON'T 



5" INSEAM & MID-THIGH



**LOOSE SWEATPANTS/
JOGGERS**



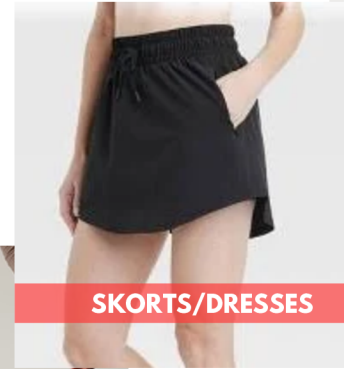
HIGH CUTS ON THE SIDE



BIKER SHORTS



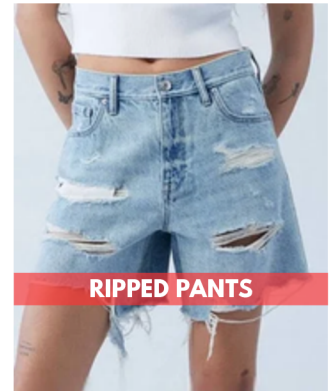
OUTER SHORTS MUST BE 5" INSEAM



SKORTS/DRESSES



****TIGHT FITTING JOGGERS
(LOOSE JOGGERS AND SWEATS ARE
OKAY)**



RIPPED PANTS



Tops

DO 



DON'T 



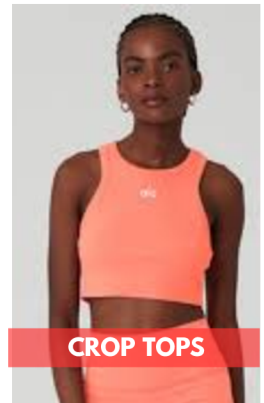
SPAGHETTI STRAPS



UNDERGARMENTS SHOWING



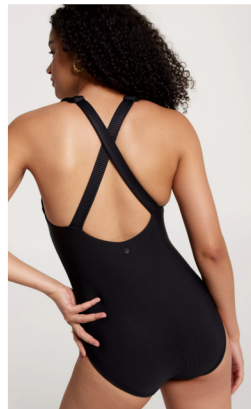
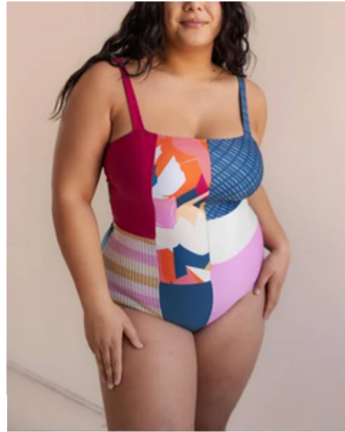
INAPPROPRIATE SLANG/LOGOS



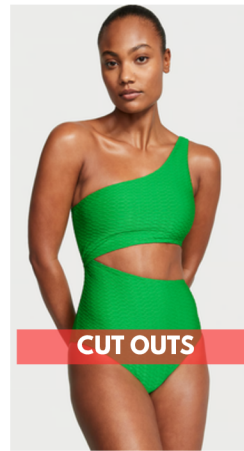
CROP TOPS

Swimwear

DO 



DON'T 



CUT OUTS



HIGH THIGH BIKINI / LOW BACK



MESH / LOW CUT IN FRONT / ZIPPERS



Shoes

DO ✓



CLOSE TOED SHOES DURING THE DAY



SANDLES MUST HAVE HEEL STRAP



DON'T ✗



SLIDES/FLIPPLOPS ONLY ALLOWED INSIDE CABIN





See you at camp!

