

Ambassador

Lesson 3



What Are You Worth?

We live in the “Me First, I’m a Get Mine” Culture today where a person’s self-worth is determined by their net-worth.

If this is true, what would you be worth? What would be your total value? It has to be based on something that gives you value, not just because you said so.



Remember in our past lessons – wrong thinking leads to wrong actions and wrong feelings. This “Me First, I’m a Get Mine” culture will have you thinking that you are not good enough or attractive enough because you’re not sporting the latest “this and that.” You even start acting out because your parents can’t or won’t come up with the cash flow to spend \$200 on a sneaker that costs \$10.00 to make.

What Does The World Value Most?

In a previous lesson we saw that Satan and the flesh uses this world-system to put wrong thoughts into people’s minds. Satan wants us to think just like the world. The world says that the most important things in life are:

- Looking good
- Outsmarting the next guy
- Having plenty of money

Let’s examine this for a moment...

Looking Good



The world says that if you are looking good you are worth a lot. Programs on TV talk about the way some singers and actresses practically starve themselves or vomit their food so that they don’t gain weight or lose it faster. Now if you have to do all this to be worth something or become happy – why does happiness have to begin with pain and sadness? Satan likes to set us up with this lie that looking good equals value and worth- **Not!**

God wants us to see that our worth as a person does not depend on our outward looks. Our body is just the “house” we live in. God says that what we are is far more important than the clay house we live in now. In the Old Testament Samuel reminds us that, “Man looks on the outward appearance but the Lord looks on the heart.” 1 Samuel 16:7

Outsmarting Others

The world says if you're smart, you are worth something; if you don't outwit the next person, what you have can be theirs. Therefore, if you're not smart then you are not worth much. This is another one of Satan's lies.

The truth is that your value or worth is not determined by how smart you are. Some young people have a hard time in school. They do not learn as easily as others in certain subjects. When they give a wrong answer in class, everyone may laugh. This makes a person feel dumb or inferior. The more a person fails at something the more discouraged he/she becomes. Gradually he/she comes to think that they cannot do anything right and quit trying.



God never values a person by how smart he or she is. When the Lord Jesus chose His disciples, He chose plain, ordinary people to do extraordinary things with.

Having Plenty of Money

Another way we know how the world values people is by how much money they have. Try going to expensive restaurants or stores and ordering \$100 steaks or buying \$2500 shirts or dresses. The way you are treated will be based upon your ability to buy these items.

The world says if your family is rich, you are worth something, but if your family is poor, you are not worth much. This is a lie from whom? Satan!



The truth again is that money does not make a person happy, nor does money determine how much a person is worth. When the Lord Jesus was in the world, He was **very poor**. He never had a home of His own. So far as we know, He never had any money of His own. Did this mean that He was not worth much?

Of course not! He was the Son of God. Are you feeling me?

You Must Change Your Thinking

To change the way you may feel about yourself, you must change your thinking. You must think right thoughts. Right thoughts lead to right actions and right feelings. – see Rom. 12:2

What Determines Worth

What something is worth is determined by what someone is willing to pay for it. We may say that a certain movie or game was worth \$100 because that is what someone was willing to pay for it.

We say that a certain car is worth \$40,000 because that is what people are willing to pay for it.

SO, WHAT ARE YOU WORTH?

What you and I are worth is what God was willing to pay for us. He paid the price of His Son, Jesus Christ's life for us. He did not pay it in cash but in blood. God giving what was most precious to Himself as payment for us should let us know our worth.



Satan likes to put wrong thoughts into our minds (through media, TV, videos and other images). He continues to try to make you believe you are not worth much, but your worth is based upon what God was willing to pay. There is nothing more valuable than life.

If you are a child of God, you truly belong to God because He bought you. What was the price He paid for you? The price of His own Son. The Bible says "...you are not your own... for you are bought with a price...." –1 Corinthians 6:19, 20

HERE ARE SOME SUGGESTIONS

1. Recognize that other people have the same feelings as you do. When you see a classmate smiling and laughing, you may think that they don't have any problems or feelings of worthlessness. Understand that everyone struggles with the same feelings at some point in their lives.
2. Make True Friends. You don't have to be the most attractive or the smartest person, or carry cash with you to have friends. The best way to have a good friend is to **BE** a good friend.
3. Learn to develop a skill. One of the best ways to overcome feelings of worthlessness is to learn to do something well. At camp, some of you wanted to turn around and get off the ropes course, but we would not allow you to because we wanted you to finish what you started. Find something you like to do and work at it! Just don't go around feeling sorry for yourself. Make the most of what you have. Develop a skill that makes you feel good about yourself and brings honor to God.
4. Always Face Your Problems Honestly. Get alone where you can be quiet and think. Begin thinking about all the things you don't like about yourself. You can do something about many of the problems you have, but there will be some problems which you cannot solve. Everyone has problems like this too. The best thing you can do with the problems which you cannot solve is to give them to Jesus. This is not just a song...prayer is the greatest way to get God's help.

God loves and accepts you as you are and not because of your looks, intelligence, or your money. God says to you "Regardless of what the world may think about you, regardless of what your classmates may think about you, **I LOVE YOU**, accept you, and paid the highest price for you." It is wonderful to know that you are loved and accepted by God. He proved it through Jesus Christ.

Now click here to watch this Supplemental Video about your lesson: <https://youtu.be/tTiOCnmTeRw>

Think About It



Click here if you are taking your quiz online, then send the email you receive to your mentor to grade and discuss: <https://forms.gle/ySPEcqfmjmcU3Xp8>

Complete this assignment and set up a time to meet with an adult mentor who will go over this with you. Mentor, after you have graded this lesson using the Answer Key, please enter the lesson online using the links that were sent in order to receive credit. Thanks.

Student Name: _____

1. A problem that causes many young people hurt feelings is:
2. The feeling that we are not as good as other people comes from who?
3. Wrong thoughts lead to what?
4. The idea that “if you are not good looking you are not worth much,” comes from who?
5. When Jesus chose His disciples they were....?
6. To show us what we were worth to God, He did what for us?
7. To change the way you feel about yourself requires you to do what?
8. To help you feel better about yourself you should?
9. What is the best thing you can do about unsolvable problems?

Share the things you have learned with someone who is struggling with their worth. Share your experience with your mentor.