

# 2<sup>nd</sup> Yr. Ambassadors

## Lesson 20



# Fighting Your Flesh

## Read Romans 8

**H**ave you ever heard of the boxing game “Rock Em, Sock Em Robots”? Maybe you or your parents had one as a child? One of the most fun things about it was that you would compete with someone by trying to knock their robot’s head up. If your opponents’ head popped up, then you were the winner. The faster you could press the buttons, the better your chance of winning. A good way to get out a little safe aggression for sure!

A great commercial was made several years ago with these robots. The blue robot won the battle then burst through a wall only to come upon a Dodge Ram 1500 truck. The robot started hitting the truck until his head popped up, telling us that there is nothing tougher than the Ram 1500 Truck. (To see this commercial, click here: [https://youtu.be/JaPXDv-aO\\_k](https://youtu.be/JaPXDv-aO_k))



**S**ometimes you may feel like the robots that are fighting in your life are your new life in Christ against your old life without Christ. Romans chapter 8 is like a refreshing glass of ice-cold water after playing or running in 92-degree heat.



Paul begins the chapter by writing that there is no condemnation for the believer and ends by writing that we (Christians) cannot be separated from God. Isn't that a relief?

Chapters 1-2 remind us that we have a sin problem. But God provided the solution to that problem through justification (God declaring me not guilty and declaring me righteous in God's sight when I place my faith in Jesus as the payment for my sins).

Yes, we as born-again Believers have struggles in our life. Our old, sinful nature **battles** with the new nature we received the instant we trusted Jesus Christ as Savior. But understand that this struggle is only temporary and a part of our earthly life. In heaven there will no longer be a struggle with or against our flesh. But for now, those who are in Christ can know that there is no longer any condemnation for sin. The Holy Spirit indwells us to help us with this earthly struggle against our flesh and sin.

According to Romans 8, what does the Holy Spirit help us do?

- The Holy Spirit is a new power living in us that gives us victory over sin and death (8:9-11).
- The Holy Spirit leads us day-by-day (8:14).
- The Holy Spirit bears witness with our spirit that we are children of God (8:16).
- The Holy Spirit helps us pray. He intercedes for us (8:26).

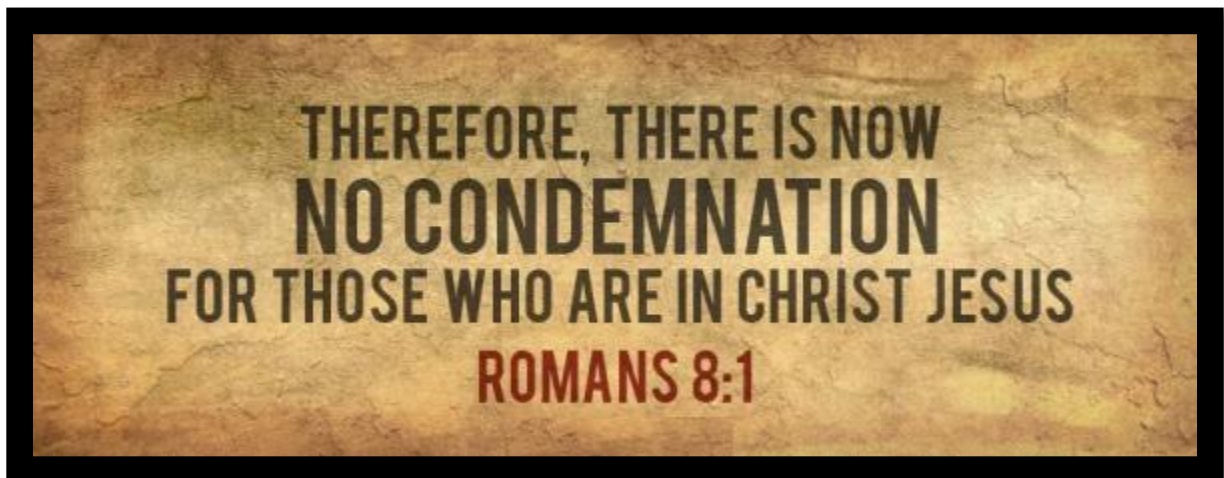
**Y**ou can have victory over your old, sinful nature, but it is a day-by-day choice of allowing the Holy Spirit to have control (Gal. 5:22-25; Eph. 4:22-24).

But wait, there's more! Paul asks and then answers four questions that we can be encouraged by. They are:

1. If God is for us, who can be against us (8:31)? Sometimes we might feel that everyone is against us; our friends, our family, our teachers, and even ourselves! But think about it...when God, in His great power is for us, what harm could anyone else possibly do to us? Of course, we need to remember that God, the One who created the entire universe, is on our side! We couldn't ask for anything more.
2. Who will bring any charge against those whom God has chosen (8:33)? Who is God's elect? Those of us who have trusted Christ as Savior and are now justified. Can anyone judge a child of God? Only God Himself, and He's the one who justified us in the first place. (oh yeah!)
3. Who is he that condemns (8:34)? Only Christ could condemn us (John 5:22). But instead, Christ died for us, rose again on the third day, and now lives to make intercession (making request) to God the Father on our behalf.
4. Who shall separate us from the love of Christ (8:35-39)? Did you read the list – **Nothing!** We have an eternal life insurance policy because of Christ's love.

*Don't miss the most important part though...it all starts with a shared love relationship.  
He loves you. Do you love Him?*

## *Memory Verse*



Now click here to watch this Supplemental Video about your lesson:  
<https://youtu.be/q--p9aE8u58>

# Ambassadors

## Year 2 Lesson 20 Quiz



Click here if you are taking your quiz online, then send the email you receive to your mentor to grade and discuss: <https://forms.gle/oMgmU7nncmsGNPAi8>

Complete this assignment and set up a time to meet with an adult mentor who will go over this with you. Mentor, after you have graded this lesson using the Answer Key, please enter the lesson online using the links on the website in order to receive credit. Thanks.

Student Name: \_\_\_\_\_

1. What is the first sentence of Romans, chapter 8?
2. Fill in the blanks. The \_\_\_\_\_ lives within us to help us with the struggle.
3. True or False. The battle between our old sin nature and the new creation we are in Christ, will stop struggling when we reach “spiritual maturity.”
4. The Holy Spirit gives us victory over three things. What are they?
  - 1.
  - 2.
  - 3.
5. What does it mean that the Holy Spirit “bears witness” that we are children of God?
6. If God be for us, who can be against us? \_\_\_\_\_
7. True or False. Only Christ can condemn the Christian, but He doesn't.
8. Name five things that can't separate us from God.
  - 1.
  - 2.
  - 3.
  - 4.
  - 5.
9. True or False. Romans 8:38-39 are good proof verses for our eternal security in Christ.
10. Fill in the blanks. When we get to heaven, we will have a \_\_\_\_\_ like Christ's.